

2026

# Summer Camps

## Information Guide

Burlington Recreation summer camps provide safe, high-quality experiences led by trained staff. Use this brochure to prepare for arrival, participation expectations, and what to bring.



[burlington.ca/camp](https://burlington.ca/camp)

CITY OF  
**Burlington**



## Your Guide to Burlington's Summer Camps

The City of Burlington proudly offers a variety of inclusive summer camp programs for children and youth ages 4 to 21. This guide is designed to help caregivers explore Burlington's exciting camp programs, providing key details on registration and what to expect in the day of the life of a camper.

**Join us!**

**We offer a variety of camps for all ages and interests including:**

Half-Day

Full-Day

Sport

Creative

Specialty

Leadership  
and Training

## We are here to help!

If you have any questions, please email [camps@burlington.ca](mailto:camps@burlington.ca) or [burlington.ca/camp](http://burlington.ca/camp)





## Camp Readiness

To support the success, safety and inclusion of all programs and participants, it is important that all campers are 'group ready'.

City of Burlington camps offer dynamic, engaging experiences with a variety of activities and settings such as gyms, arenas and playgrounds. Staff to participant ratios will vary depending on the program you register for (see below for ratio information).

**Before registering for camps, consider if the participant is able to do the following either independently or with extra support:**

- ✓ Follows directions and instructions from a staff person/adult/caregiver
- ✓ Comfortable and able to interact in a group environment
- ✓ Able to participate in the program for a full day without the need for naps or substantial breaks
- ✓ Able to interact and participate in the program in a way that is safe for themselves and others
- ✓ \*If a child needs additional support, please email [camps@burlington.ca](mailto:camps@burlington.ca)

## What to Bring

- ✓ Sunscreen & hat
- ✓ Lunch (no nuts; easily accessible containers)
- ✓ Two nut-free snacks
- ✓ Labelled reusable water bottle/jug
- ✓ Running shoes
- ✓ Crocs/Sandals for water play and/or pool time
- ✓ Active, weather-appropriate clothing
- ✓ Please ensure all items are labeled with child's name.



## Participant Expectations

A participant that is Camp Ready will be expected to follow the below:

- Respect staff, participants, facilities, and equipment.
- Refrain from verbal and physical harm as well use of inappropriate language.
- Stay with your group; follow sign-in/out procedures.
- Leave personal belongings at home that are not needed for camp (toys, electronics, etc.). Electronics are not allowed to be used during camp time. We want to ensure that campers are fully engaged in their activities and to promote socialization amongst their peers.
- Tell staff if you or others need help and report concerns in a timely manner.
- Participants must be toilet trained – exceptions apply to participants with disabilities.

If a participant is not showing that they are 'Camp Ready' or expectations are not followed, staff may use any of the following strategies:

- Conversations with caregivers to align on strategies.
- Behaviour tracking to develop strategies for success.
- Schedule adjustments (e.g., early pick-up or modified times).
- Assessment of program suitability, including support person or alternate arrangements.
- Camp staff will discuss rules and expectations with participants. Not following the rules and expectations may lead to the dismissal of the participant from camp.

## Supervision Ratios

- Ages 4-5: 1 staff to 8 participants
- Ages 6-9: 1 staff to 12 participants
- Ages 8-14: 1 staff to 15 participants
- Inclusion programs: 1 staff to 4 participants
- Ratios are increased during trips and swimming.



## Arrival & Dismissal

Caregivers must sign participants in and out of camp. Campers will only be released to contacts listed on the Participant Information Form (PIF) after photo ID has been presented and verified.

- Photo ID is required for pick-up each day.
- Participants 10 years of age or older may self sign-in/out only if noted on PIF.

Primary contact is the only individual able to view and make changes to the Participant Information Form. If custody arrangements are in place, please communicate with staff to ensure appropriate forms are completed.

If participant begins to exhibit symptoms of illness such as: fever, coughing, vomiting, body or stomach aches, staff will contact caregivers for early pick-up. Please keep participant home until they are feeling well and to prevent the spread of illness around camp. Failure to pick-up participant within an hour of call will result in application of late pick-up fees.

**Late Pick-Up:** A \$20 fee applies for every 15 minutes a caregiver is consistently late. Staff will notify caregivers when the fee is charged.

## Medication

If your participant requires medication during camp hours, please ensure to communicate this to staff, and complete the Medication Consent Form. Staff can support participants by providing prescription that must be taken during camp hours. Please note the following Guidelines around medication:

- Medication must be in the original container and only a daily dose is to be provided.
- Epinephrine Injectors must be sent with participants daily and always kept on the participant's person.
  - » Staff can keep an additional epinephrine injector in a secure location, which will be returned to caregiver at the end of each day.
- Inhalers should also be kept with participants at all time.
- Medication should be brought based on need, and containers will be returned to caregivers at the end of the day by program staff.
- Staff cannot provide or assist with intravenous or injectable medications [epinephrine injectors are an exception] – caregivers should arrange for external support for these types of medication.
- Over the counter medication will not be received by staff or given to participants, and should therefore not be sent to camp.

## About Our Staff

- Staff are typically university, college and high school students committed to safety and enjoyment.
- Training includes leadership, recreation programming, group dynamics, risk management, communication, behaviour management, and problem solving.
- Required certifications: Standard First Aid & CPR-C, Police Records Check (Vulnerable Sector, HIGH FIVE® Principles of Healthy Child Development, Behaviour Management Systems.

## Additional Support

City of Burlington camps do not provide 1 to 1 support. A participant may attend with their own personal support worker at no additional cost. Please consider if your participant will require additional support at camp and reach out to staff. How to know if extra support is needed?

- Extra support is required at school.
- A disability or diagnosis could affect safety.
- A safety plan exists with the educational institution.
- Extra support is required at home for basic care.
- The participant currently uses a support agency or program.
- Staff do not assist with feeding aid such as G-Tubes, but are able to support with regular hand over hand feeding

To set up a Program Intake, contact:  
[camps@burlington.ca](mailto:camps@burlington.ca)

## Program Refund Policy

- Full credit or refund if withdrawn ≥10 days before start date.
- 10% cancellation fee if withdrawn 9 days or less before start date.
- No refunds after the program start date.

# Summer camp programs



## **SNAP Junior - Half Day (4-5 Years)**

For little friends that want to experience day camp for the first time but are not ready to be away from home for a full day! Participants will experience physically active games, crafts, songs, and nature-based activities.

## **SNAP Junior (4-5 Years)**

A joyful summer day camp designed for our youngest adventurers! This full-day, fun-filled program helps 4-5 year olds build confidence, creativity, and friendships through hands-on discovery and play.

## **SNAP Junior with Disabilities (4-5 Years)**

This program is integrated with the corresponding SNAP Junior Program at the selected location, and is designed to enable campers with disabilities to participate in activities alongside their peers meaningfully and safely. Staff can support as needed to assist with transitions, communication, behavior, or personal care. This program does not offer one-on-one support.

## **SNAP (6-9 Years)**

Get ready for a week full of fun, creativity, and outdoor excitement! At SNAP camp, campers will spend their days playing games, creating awesome crafts, and exploring the great outdoors. Each day brings something new – from team challenges and scavenger hunts to art projects and water games! Select Locations will enjoy a weekly offsite Day Trip.

## **SNAP with Disabilities (6-9 Years)**

This program is integrated with the corresponding SNAP Program at the selected location, and is designed to enable campers with disabilities to participate in activities alongside their peers meaningfully and safely. Staff can support as needed to assist with transitions, communication, behavior, or personal care. This program does not offer one-on-one support.

## **SNAP and Splash (6-9 Years)**

Does your participant love to swim? Then laughter, friendship, and fun await! Campers will enjoy a variety of games, creative crafts, and special events – all kicked off with a daily structured swim. Please note: an additional fee applies for swim.

## **Youth Multi-Sport (8-12 Years)**

Campers will enjoy a mix of games and athletic activities that build skills, teamwork, and confidence. With a balance of friendly competition and fun, each day is full of energy, excitement, and opportunities to challenge themselves and others!

## **New! Youth - Camp GO! (8-12 Years)**

Get ready to explore with Camp GO! Youth will head to a new destination each day, enjoying a week filled with exciting trips and unforgettable experiences. Locations may vary and are subject to change based on scheduling and weather conditions.

## **New! Youth - Rooted Adventures (8-12 Years)**

Rooted Adventures takes campers into nature with a new destination 3 days of the week, exploring the natural beauty of the Halton Region. Campers will explore, learn, and connect with the natural world through guided outdoor activities. Trip locations are subject to change.

## **New! Youth - The Creative Collective (8-12 Years)**

The Creative Collective: Mixed Arts camp invites young creators to explore photography, experiment with Film in a Box storytelling, paint vibrant murals, and express themselves through dance. Through hands-on activities and collaborative projects, campers discover new talents, build creative confidence, and connect with new friends in a fun, supportive, and imaginative environment designed to help every young artist shine.

# Summer camp programs



## Youth Adventures (10-14 Years)

Get ready for a summer packed with excitement, exploration, and unforgettable memories! This Camp is designed for energetic pre-teens and teens who love trying new things, making friends, and staying active. Participants signed up at the Alton Community Centre will enjoy a weekly Day Trip, while participants registered at Mountainside Recreation Centre will enjoy a daily Swim.

## Rec Connections (13-21 Years)

Designed for teens and young adults with disabilities, this high-energy program keeps participants moving with daily swimming, specialty activities and weekly special guests. Make friends, stay active, and celebrate every achievement in a supportive, inclusive environment where everyone shines! NEW this summer, program will be run out of Aldershot Pool.

## L.I.T.: Next Gen Leader (14-16 Years)

An evolution of the Leader In Training (LIT) program, Next Gen is designed for young teens who are ready to build confidence, gain valuable life skills, and take on new responsibilities. Throughout this 3-week program, participants will receive leadership training, certifications such as First Aid and HIGH FIVE, and be able to complete a one-week placement which will provide them with 37.5 hours of volunteering.



# Summer Camp Program Offerings By Week

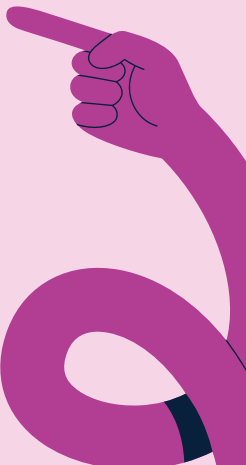



CAMP PROGRAM	WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5	WEEK 6	WEEK 7	WEEK 8	WEEK 9	WEEK 10
	JUNE 29-JULY 3	JULY 6-10	JULY 13-17	JULY 20-24	JULY 27-31	AUG 3-7	AUG 10-14	AUG 17-21	AUG 24-28	AUG 31-SEP 4
Camps for 4-5 Years										
SNAP Junior (Half Day)		✓	✓	✓	✓	✓	✓	✓		
SNAP Junior (Half Day) with Disabilities		✓	✓	✓	✓	✓	✓	✓		
SNAP Junior (Full Day)	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
SNAP Junior (Full Day) with Disabilities	✓	✓	✓	✓	✓	✓	✓	✓		
Camps for 6-9 Years										
SNAP	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
SNAP with Disabilities	✓	✓	✓	✓	✓	✓	✓	✓		
SNAP & Splash		✓	✓	✓	✓	✓	✓	✓		
Camps for 8-12 Years										
Youth - Camp GO!						✓				
Youth - Rooted Adventures								✓		
Youth - The Creative Collective							✓			
Youth- Multi-Sport		✓	✓	✓	✓	✓	✓	✓		
Camps for 10-14 Years										
Youth Adventures	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Youth Adventures with Disabilities	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Camps for 14-16 Years										
L.I.T.: Next Gen Leader		✓	✓	✓						
Camps for 13-21 Years										
Rec Connections		✓	✓	✓	✓	✓	✓	✓		

# YOUTH BELONG

## Hey You(th)!

Come hang out at our You(th) Belong drop-in – where vibes are chill and the fun is nonstop. We've got basketball, video games, and good times with friends all for FREE. If you're between the ages of 11-18, visit any of these locations for after school activities!



Location	Day	Time
Alton Community Centre	Monday - Thursday	3-5 p.m.
Mountainside Community Centre	Friday	7-10 p.m.
Skyway Community Centre	Tuesday and Thursday Friday	4:30-6:30 p.m. 4-6 p.m.
Tansley Woods Community Centre	Friday	7-10 p.m.

Program runs until the end of June 2026

## Questions? We are here to help!

[camps@burlington.ca](mailto:camps@burlington.ca) | 905-335-7738 | [burlington.ca/camp](http://burlington.ca/camp)

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