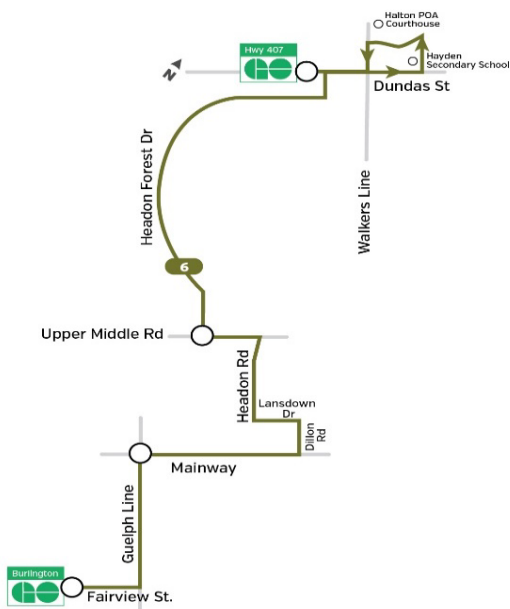


Effective November 16, 2025



# Route 6

Real-time bus information: [myride.burlingtontransit.ca](https://myride.burlingtontransit.ca)  
[burlingtontransit.ca](https://burlingtontransit.ca) | 905-639-0550  
[@BurlONTransit](https://@BurlONTransit) | [contactbt@burlington.ca](mailto:contactbt@burlington.ca)

# 6 Headon • Weekday

## Weekday - North to Hwy. 407 Carpool Lot

## Weekday - South to Burlington GO Station

| Burlington GO Station | Mainway at Guelph Line | Upper Middle Rd. at Headon Forest Dr. | Haber Recreation Centre | Dundas St./Hwy. 407 Carpool Lot |
|-----------------------|------------------------|---------------------------------------|-------------------------|---------------------------------|
| 5:55                  | 6:02                   | 6:09                                  | 6:18                    | 6:24                            |
| 6:25                  | 6:32                   | 6:39                                  | 6:48                    | 6:54                            |
| 6:55                  | 7:02                   | 7:09                                  | 7:18                    | 7:24                            |
| 7:25                  | 7:33                   | 7:41                                  | 7:51                    | 7:56                            |
| 7:55                  | 8:03                   | 8:11                                  | 8:21                    | 8:26                            |
| 8:25                  | 8:33                   | 8:41                                  | 8:51                    | 8:56                            |
| 8:55                  | 9:03                   | 9:11                                  | 9:21                    | 9:26                            |
| 9:25                  | 9:33                   | 9:39                                  | 9:49                    | 9:54                            |
| 9:55                  | 10:03                  | 10:09                                 | 10:19                   | 10:24                           |
| 10:25                 | 10:33                  | 10:39                                 | 10:49                   | 10:54                           |
| 10:55                 | 11:03                  | 11:09                                 | 11:19                   | 11:24                           |
| 11:25                 | 11:33                  | 11:39                                 | 11:49                   | 11:54                           |
| 11:55                 | 12:03                  | 12:09                                 | 12:19                   | 12:24                           |
| 12:25                 | 12:33                  | 12:39                                 | 12:49                   | 12:54                           |
| 12:55                 | 13:03                  | 13:09                                 | 13:19                   | 13:24                           |
| 13:25                 | 13:33                  | 13:39                                 | 13:49                   | 13:54                           |
| 13:55                 | 14:03                  | 14:09                                 | 14:19                   | 14:24                           |
| 14:25                 | 14:33                  | 14:39                                 | 14:49                   | 14:54                           |
| 14:55                 | 15:03                  | 15:11                                 | 15:21                   | 15:26                           |
| 15:25                 | 15:33                  | 15:41                                 | 15:51                   | 15:56                           |
| 15:56                 | 16:04                  | 16:12                                 | 16:22                   | 16:27                           |
| 16:26                 | 16:34                  | 16:42                                 | 16:52                   | 16:57                           |
| 17:00                 | 17:08                  | 17:16                                 | 17:26                   | 17:31                           |
| 17:30                 | 17:38                  | 17:46                                 | 17:56                   | 18:01                           |
| 18:00                 | 18:07                  | 18:13                                 | 18:22                   | 18:27                           |
| 18:30                 | 18:37                  | 18:43                                 | 18:52                   | 18:57                           |
| 18:56                 | 19:03                  | 19:09                                 | 19:18                   | 19:23                           |
| 19:26                 | 19:33                  | 19:39                                 | 19:48                   | 19:53                           |
| 19:56                 | 20:03                  | 20:09                                 | 20:18                   | 20:23                           |
| 20:56                 | 21:03                  | 21:09                                 | 21:18                   | 21:23                           |
| 21:56                 | 22:03                  | 22:09                                 | 22:18                   | 22:23                           |

| Dundas St./Hwy. 407 Carpool Lot | Upper Middle Rd. at Headon Forest Dr. | Mainway at Guelph Line | Burlington GO Station |
|---------------------------------|---------------------------------------|------------------------|-----------------------|
| 5:25                            | 5:33                                  | 5:39                   | 5:44                  |
| 6:25                            | 6:34                                  | 6:41                   | 6:46                  |
| 6:55                            | 7:04                                  | 7:11                   | 7:16                  |
| 7:25                            | 7:34                                  | 7:41                   | 7:46                  |
| 8:00                            | 8:09                                  | 8:16                   | 8:21                  |
| 8:30                            | 8:39                                  | 8:46                   | 8:51                  |
| 9:00                            | 9:08                                  | 9:15                   | 9:20                  |
| 9:30                            | 9:38                                  | 9:45                   | 9:50                  |
| 9:55                            | 10:03                                 | 10:10                  | 10:15                 |
| 10:25                           | 10:33                                 | 10:40                  | 10:45                 |
| 10:55                           | 11:03                                 | 11:10                  | 11:15                 |
| 11:25                           | 11:33                                 | 11:40                  | 11:45                 |
| 11:55                           | 12:03                                 | 12:10                  | 12:15                 |
| 12:25                           | 12:33                                 | 12:40                  | 12:45                 |
| 12:55                           | 13:03                                 | 13:10                  | 13:15                 |
| 13:25                           | 13:33                                 | 13:40                  | 13:46                 |
| 13:55                           | 14:03                                 | 14:10                  | 14:16                 |
| 14:25                           | 14:34                                 | 14:41                  | 14:48                 |
| 14:58                           | 15:07                                 | 15:14                  | 15:21                 |
| 15:28                           | 15:37                                 | 15:46                  | 15:55                 |
| 15:58                           | 16:07                                 | 16:16                  | 16:25                 |
| 16:28                           | 16:37                                 | 16:46                  | 16:55                 |
| 16:58                           | 17:07                                 | 17:16                  | 17:25                 |
| 17:32                           | 17:41                                 | 17:48                  | 17:55                 |
| 18:02                           | 18:10                                 | 18:17                  | 18:22                 |
| 18:32                           | 18:40                                 | 18:47                  | 18:52                 |
| 19:02                           | 19:10                                 | 19:17                  | 19:22                 |
| 19:28                           | 19:36                                 | 19:43                  | 19:48                 |
| 20:28                           | 20:36                                 | 20:43                  | 20:48                 |
| 21:28                           | 21:36                                 | 21:43                  | 21:48                 |

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Haber Community Centre is changing to the Alton Community Centre

## 6 Headon • Weekend

### Saturday - North to Hwy. 407 Carpool Lot

| Burlington GO Station      | Mainway at Guelph Line | Upper Middle Rd. at Headon Forest Dr. | Haber Recreation Centre | Dundas St./Hwy. 407 Carpool Lot |
|----------------------------|------------------------|---------------------------------------|-------------------------|---------------------------------|
| 07:48                      | 07:54                  | 08:01                                 | 08:09                   | 08:15                           |
| 08:48                      | 08:54                  | 09:01                                 | 09:09                   | 09:15                           |
| 09:54                      | 10:00                  | 10:07                                 | 10:15                   | 10:21                           |
| 10:54                      | 11:00                  | 11:07                                 | 11:15                   | 11:21                           |
| And every 30 minutes until |                        |                                       |                         |                                 |
| 14:54                      | 15:00                  | 15:07                                 | 15:15                   | 15:21                           |
| 15:54                      | 16:00                  | 16:07                                 | 16:15                   | 16:21                           |
| 16:54                      | 17:00                  | 17:07                                 | 17:15                   | 17:21                           |
| 17:54                      | 18:00                  | 18:07                                 | 18:15                   | 18:21                           |
| 18:54                      | 19:00                  | 19:07                                 | 19:15                   | 19:21                           |
| 19:54                      | 20:00                  | 20:07                                 | 20:15                   | 20:21                           |
| 20:54                      | 21:00                  | 21:07                                 | 21:15                   | 21:21                           |
| 21:54                      | 22:00                  | 22:07                                 | 22:15                   | 22:21                           |

### Saturday - South to Burlington GO Station

| Dundas St./Hwy. 407 Carpool Lot | Upper Middle Rd. at Headon Forest Dr. | Mainway at Guelph Line | Burlington GO Station |
|---------------------------------|---------------------------------------|------------------------|-----------------------|
| 07:16                           | 07:23                                 | 07:30                  | 07:36                 |
| 08:16                           | 08:23                                 | 08:30                  | 08:36                 |
| 09:16                           | 09:23                                 | 09:30                  | 09:36                 |
| 10:26                           | 10:33                                 | 10:40                  | 10:46                 |
| And every 30 minutes until      |                                       |                        |                       |
| 14:26                           | 14:33                                 | 14:40                  | 14:46                 |
| 15:26                           | 15:33                                 | 15:40                  | 15:46                 |
| 16:26                           | 16:33                                 | 16:40                  | 16:46                 |
| 17:26                           | 17:33                                 | 17:40                  | 17:46                 |
| 18:26                           | 18:33                                 | 18:40                  | 18:46                 |
| 19:26                           | 19:33                                 | 19:40                  | 19:46                 |
| 20:26                           | 20:33                                 | 20:40                  | 20:46                 |
| 21:26                           | 21:33                                 | 21:40                  | 21:46                 |

### Sunday - North to Hwy. 407 Carpool Lot

| Burlington GO Station      | Mainway at Guelph Line | Upper Middle Rd. at Headon Forest Dr. | Haber Recreation Centre | Dundas St./Hwy. 407 Carpool Lot |
|----------------------------|------------------------|---------------------------------------|-------------------------|---------------------------------|
| 08:48                      | 08:54                  | 09:01                                 | 09:09                   | 09:15                           |
| 09:54                      | 10:00                  | 10:07                                 | 10:15                   | 10:21                           |
| 10:54                      | 11:00                  | 11:07                                 | 11:15                   | 11:21                           |
| 11:54                      | 12:00                  | 12:07                                 | 12:15                   | 12:21                           |
| And every 30 minutes until |                        |                                       |                         |                                 |
| 14:56                      | 15:02                  | 15:09                                 | 15:17                   | 15:23                           |
| 15:56                      | 16:02                  | 16:09                                 | 16:17                   | 16:23                           |
| 16:56                      | 17:02                  | 17:09                                 | 17:17                   | 17:23                           |
| 17:56                      | 18:02                  | 18:09                                 | 18:17                   | 18:23                           |
| 18:56                      | 19:02                  | 19:09                                 | 19:17                   | 19:23                           |
| 19:56                      | 20:02                  | 20:09                                 | 20:17                   | 20:23                           |

### Sunday - South to Burlington GO Station

| Dundas St./Hwy. 407 Carpool Lot | Upper Middle Rd. at Headon Forest Dr. | Mainway at Guelph Line | Burlington GO Station |
|---------------------------------|---------------------------------------|------------------------|-----------------------|
| 08:16                           | 08:23                                 | 08:30                  | 08:36                 |
| 09:16                           | 09:23                                 | 09:30                  | 09:36                 |
| 10:29                           | 10:36                                 | 10:43                  | 10:49                 |
| 11:29                           | 11:36                                 | 11:43                  | 11:49                 |
| And every 30 minutes until      |                                       |                        |                       |
| 14:33                           | 14:40                                 | 14:47                  | 14:53                 |
| 15:33                           | 15:40                                 | 15:47                  | 15:53                 |
| 16:33                           | 16:40                                 | 16:47                  | 16:53                 |
| 17:33                           | 17:40                                 | 17:47                  | 17:53                 |
| 18:33                           | 18:40                                 | 18:47                  | 18:53                 |
| 19:33                           | 19:40                                 | 19:47                  | 19:53                 |

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