

GREEN BOOKS - October 2014

Recommended by the Burlington Sustainable Development Committee

Recent reports and events have heightened everyone's awareness of significant climate events. The following list deals with this issue and challenges all citizens to educate themselves and others, contact political and business leaders and join groups that are acting for change.

1. This Changes Everything: Capitalism vs. the Climate

Naomi Klein. Simon & Schuster, 2014

Outlining the history and consequences of fossil-fuel use, this book is an intelligent discussion of human choices – past, present and future. It is a good basis for educating ourselves and others and understanding the limits of the planet.

2. Waking the Frog: Solutions for our Climate Change Paralysis

Tom Rand. ECW Press, 2014. (Available as e-book)

A positive approach to ways of achieving a sustainable future, this book outlines steps toward a new successful economy. This is a challenge for human ingenuity and a call for public engagement.

3. Kick the Fossil Fuel Habit: 10 Clean Technologies to Save our World

Tom Rand, ECW Press, 2010. (Available as e-book)

This book was featured as a "green book" in October 2011. It is a helpful, easily readable look at alternative sources of power and smart ways to build, pointing to a sustainable future.

4. Sustainable Energy – Without the Hot Air

David J.C. MacKay. UIT Cambridge Ltd., 2009. (Available as e-book)

The author outlines changes needed on both the personal and the international levels. He states that while minimizing consumption is difficult, it is also possible. Individuals can have an impact. And policy changes are key.

5. Climate Change: Observed Impacts on Planet Earth

Trevor Letcher. Elsevier Science, 2009.

International experts have banded together to produce this work outlining the causes and effects of climate change. Colour photographs and specific case studies of, e.g., coral reefs and insect communities, contribute to the power of this work.

6. Last Child in the Woods: Saving Our Children from Nature-Deficit Disorder

Richard Louv. Algonquin Books, 2008.

Highlighted 2 years ago as a “green book,” this book argues for time in nature as “...an essential investment in our children’s health.”

7. Nature Principle: Human Restoration and the End of Nature-Deficit Disorder

Richard Louv. Algonquin Books, 2011.

This adult version of the previous book highlights the power of time spent in nature – and therefore the protection of spaces for outdoor activities.

